

Sick Day Guidelines:

"A child needs to be healthy to learn; a child needs to learn to be healthy."

Although we hope your child will not miss a single day of school, there are times when it is best for your child, and other students as well, to remain home.

The following are signs and symptoms that indicate your child should be kept out of school until they are gone or received medical attention:

- *Temperature of 100 degrees or greater (until 24 hours after the temperature returns to normal **without the use of medication**).
- *Strep throat or scarlet fever (until treated with antibiotics x 24 hours and fever free)
- *Bacterial conjunctivitis (pinkeye) (until treated with antibiotic eye drops x 24 hours)
- *Impetigo (until treated with antibiotics x 24 hours)
- *untreated pediculosis (lice)
- *Severe cold symptoms- excessive sneezing, coughing, runny nose etc
- *Nausea, vomiting or diarrhea
- *Rash or open lesions on any body part
- *Severe earache, toothache or headache
- *Pain or limitation of movement from an injury

Naturally, seeing that your child gets enough sleep, exercise, wears the proper clothing for the weather, starts the day with a

good breakfast, eats healthy food, and has regular medical and dental exams, can prevent a lot of the above.

One of the aspects of our job is tracking communicable illness. In that regard, we ask that you notify us when your child has an illness that may be contagious. We monitor classroom situations and will notify parents when there are multiple cases in a class. You can also get detailed information regarding communicable diseases from the New York State Department of Health.